

# **Upcoming Diary Dates**

- W/C Mon 29<sup>th</sup> Apr After School Clubs Start
- Mon 6<sup>th</sup> May Bank Holiday
- Tues 7<sup>th</sup> May FREE Y6 SATs Breakfast Club Starts (2 weeks)
- W/C Mon 13<sup>th</sup> May Y6 SATs

## School Crossing Patrol Service (SCP)

Fantastic news! The SCP service came out and carried out a risk assessment on the area around school, and have decided that they will now supply a crossing patrol warden. The job advert will **go live on 26<sup>th</sup> April** on the Barnsley Council website. These positions are really hard to recruit to, so if you know someone who may be interested, please ask them to take a look! I'd like to thank all parents for your support in helping us progress this!

# **Staffing Update**

Mrs Dixon will now spend her time working for both school and Waterton Academy Trust, supporting other schools to develop their provision for pupils with SEND, as well as helping develop specialist settings. This means she'll be at Churchfield 2-3 days each week moving forward.

### **Y6 SATs**

Y6 SATs are fast approach and start W/C Monday 13<sup>th</sup> May. There'll be a FREE breakfast club for all year 6 the week before, and the week of SATs. There's no need to book, and this will be held in the Y6 unit.

# After-School Clubs

After-school clubs start W/C 29<sup>th</sup> April – there are still some places remaining, if you'd like your child to attend – book with the MCAS app!

### **Learning Newsletters**

The Microsoft Sway newsletters that we send out every week are also on our website, under the 'Curriculum' tab.

### 2024-25 FS2 Places

If you have a son or daughter that has been offered a place at Churchfield for 2024-25, please let Mrs Phillips know which 'Stay & Play' session you'd like to attend in June!

### **Bronze, Silver & Gold Awards**

We have a lot of children now achieving their Bronze, Silver & Gold awards for House Points! Every winner gets a certificate, special sticker and a prize from the prize box. It's 50 HP for Bronze, 100 for Silver, 150 for Gold and 250 for Platinum!

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# What Parents & Educators Need to Know about

WHAT ARE THE RISKS? Energy drinks are highly caffeinated beverages often consumed for a quick energy boost. However, excessive intake can lead to health risks like increased heart rate and sleep disturbances. Statistics underline these products' popularity among young people - many of whom consume them regularly. Here's our expert's advice on addressing the concerns surrounding energy drink consumption in adolescents.

# HIGH CAFFEINE CONTENT

# INCREASED RISK OF **HEART PROBLEMS**

# IMPACT ON MENTAL HEALTH

# DISRUPTED SLEEP

# LINKS TO SUBSTANCE

# **POTENTIAL FOR**



# Advice for Parents & Educators

# LIMIT CONSUMPTION

s wise to educate young people about the potential risks related to energy rinks, emphasising the consequences of excessive caffeine consumption. ncourage healthier alternatives like water, herbal teas or natural fruit juices

# PROMOTE HEALTHIER HABITS

# ADVOCATE FOR REGULATION

# SET A POSITIVE EXAMPLE

# Meet Our Expert

Dr Jason O'Rourke, Headteacher of Washingborough Academy, champions food education and sustainability – and his school holds the Soil Association's prestigious Gold Catering Mark. Jason has spoken about food education at Westminster briefings and overseas. A member of the All-Party Parliamentary Group on School Food, he co-founded TastEd, a sensory food education charity.

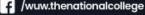


The National College

Source: See full reference liston guide page at national college com/guides/energy-drinks



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# **Churchfield News**

Summer 1 Week 2 - Friday 19th April 2024

### **Our Values**

Our School Values & Golden Rule underpin everything we do!

# Our Golden Rule 3

# We keep ourselves, and each other, safe.



We are proud, and work hard to be the best that we can be



We are determined and resilient, embracing all challenges



We collaborate well, treating everyone as equals



We are honest, kind and show integrity



We respect all people, property and the environment



We believe in ourselves and strive for our goals